

## Free Food for People Who Are Homeless (updated 30/04/24)

*See map overleaf for locations*

|                         |   |
|-------------------------|---|
| <b><u>Monday</u></b>    | <b>8.30am – 1pm:</b> St Petrock's. Mobile distribution of <i>rough-sleeper breakfast &amp; lunch</i><br><b>7pm – 8pm:</b> Crossline (with Vineyard Church). <i>Takeaway food &amp; drinks</i>   |
| <b><u>Tuesday</u></b>   | <b>8.30am – 1pm:</b> St Petrock's. Mobile distribution of <i>rough-sleeper breakfast &amp; lunch</i><br><b>6.30pm – 7.30pm:</b> Crossline. <i>Takeaway food &amp; drink (stew, sandwiches etc)</i><br><b>6.30pm:</b> FoodCycle. <i>Sit-down hot meal.</i> |
| <b><u>Wednesday</u></b> | <b>8.30am – 1pm:</b> St Petrock's. Mobile distribution of <i>rough-sleeper breakfast &amp; lunch</i><br><b>6pm:</b> Van outside Cathedral <i>Takeaway jacket potatoes</i>   |
| <b><u>Thursday</u></b>  | <b>8.30am – 1pm:</b> St Petrock's. Mobile distribution of <i>rough-sleeper breakfast &amp; lunch</i><br><b>6pm - 7:15pm:</b> Crossline (with Bread of Life) <i>Takeaway hot food &amp; drink</i>  |
| <b><u>Friday</u></b>    | <b>8.30am – 1pm:</b> St Petrock's. Mobile distribution of <i>rough-sleeper breakfast &amp; lunch</i><br><b>6pm – 7.15pm:</b> Crossline (with Bread of Life) <i>Takeaway food &amp; drink</i>  |
| <b><u>Saturday</u></b>  | <b>5pm:</b> Salvation Army. <i>Hot takeaway meal</i>  |
| <b><u>Sunday</u></b>    | <b>7am – 10am:</b> <i>Bread of Life (Mobile, Cowick St – Cathedral)</i><br><b>11.30am – 12.30pm:</b> Food Fight (Cowick St). <i>Hot food &amp; drinks</i><br><b>1pm - 2pm:</b> Salvation Army. <i>Takeaway hot pasty &amp; drink</i>                      |

**St Petrock's** Rough Sleeper Support Team serve **breakfasts & hot drinks (8.45am – 10.45am)** & hot takeaway lunches (**12pm – 1pm**) to people who are rough sleeping around the city, **Monday – Friday**.

**Follow-up services** (including *showers, clothing, laundry facilities, housing assessment & referral, benefits support, key-working, computer & phone access*) are available in St P's centre **Mon – Fri, 8.30am – 1pm**

Client support [rsleepersupport@stpetrocks.org.uk](mailto:rsleepersupport@stpetrocks.org.uk) 01392 217550

StP's office & supporter enquiries [info@stpetrocks.org.uk](mailto:info@stpetrocks.org.uk) 01392 422396

**Exeter City Council:** If you are at risk of homelessness, please visit <https://bit.ly/2xSQjOG> or phone **01392 265726** (Mon-Fri 9am – 5pm) / **01392 265147** (emergency out of hours) for support.

**Exeter Foodbank** provide long-life packet / tinned food, fruit, veg and bread for people to prepare their own meals. *(Please note this may be less suitable for people rough-sleeping).*

Access is *via referral with a voucher / e-referral code only* from a range of support agencies including Exeter City Council (on 01932 277888), CAB, Julian House.

**11.30am – 2pm** Mon, Tues, Weds, Thurs, Fri 174-175 Cowick Street *Note New Venue from 1<sup>st</sup> May*  
**10am – 12pm** Weds, Fri The Beacon Centre, Summer Lane, Beacon Heath

[exeter.foodbank.org.uk](http://exeter.foodbank.org.uk)

[info@exeterfoodbank.org.uk](mailto:info@exeterfoodbank.org.uk)

07818 226524

**Reminder: Please be polite and respectful so everyone can enjoy their meal!**

**Many free meals are prepared & served by volunteers, who are giving up their time to help.**

**Thank you!**

### St Petrock's

**Mobile Rough Sleeper Support Service** around city centre, **Monday-Friday 8.30am – 1pm**

**Follow up support** – St Petrock's Centre, 10 Cathedral Yard, EX1 1HJ, **Mon-Fri 8.30am – 1pm**

### Crossline

**(Monday 7pm – 8pm  
Tuesday 6.30pm – 7.30pm  
Thursday 6pm – 7.15pm  
Friday 6pm – 7.15pm)**

5 Heavitree Rd, EX1 2LD  
(behind old Job Centre Plus building)

### FoodCycle

**(Tuesday 6.30pm)**

The Mint Methodist Church, Fore St,  
EX4 3AT

### Exeter Foodbank

**(Referral only)**

174-175 Cowick Street  
EX4 1AA

### Cathedral Kitchen

**(Wednesday 6pm)**

Van outside Exeter Cathedral

### Salvation Army

**(Saturday 5pm  
Sunday 1pm)**

Friars Gate, EX2 4AZ

### Food Fight

**(Sunday 11.30am – 12.30pm)**

Opposite the Post Office on Cowick St, St Thomas

### Bread of Life

**(Sunday 7am – 10am)**

Mobile (Cowick St—Cathedral Green)

