

## About Us

St Petrock's is Exeter's charity for people who are homeless or at risk of homelessness. From our centre in Cathedral Yard we offer a range of emergency, support and accommodation services:

- emergency survival services
- housing advice and referral
- access to emergency and private rented accommodation
- specialist welfare advice
- on-site health services - mental health and chiropody

## New to Rough Sleeping?

If you are unable to visit St Petrock's centre then please contact **Street Link on 0300 500 0914** and they will make sure an outreach worker finds you to offer assistance.

Please remember it is dangerous and follow this advice:

- Always sleep where there are other people.
- Make sure you sleep on top of something like a blanket, a sleeping bag or a bench and never directly on the ground.
- Try and keep your head, hands and feet well covered and warm.
- Eat or drink something hot before going to sleep in order to keep your body warm.

## Evening & Weekend Services

If you do find yourself rough sleeping, organisations exist that provide food, support and shelter in the evenings and weekends when St Petrock's is closed.

**Monday: 7.00pm - 8.00pm**

**Tuesday: 7.00pm - 8.30pm**

Crosslines, behind Job Centre Plus, Heavitree Road – Soup/hot drinks

**Wednesday: 6.30pm - 8.30pm**

Cathedral Chapter House, Cathedral Green – Hot spuds/ drinks, picnic bags

**Thursday: 6.00pm - 7.00pm**

St David's Church, Hele Road - Soup, Sandwiches, Cake, Hot drinks

**Friday: 6.00pm - 7.15pm**

Crosslines, Heavitree Road – Soup/hot drinks

**Saturday:**

**8.00am - 10.00am**

Crosslines, Heavitree Rd - Breakfast, Hot drinks

**1.30pm** St Sidwell's Methodist Church, Sidwell Street - Lunch

**6.00pm - 7.15pm** Crosslines, Heavitree Rd - Stew, Hot drinks (First Saturday of the month)

**Sunday:**

**12.30 - 1.30pm** Salvation Army Friars Gate - Snack Lunch

(Not the last Sunday of the month)

**4.30pm - 6.30pm** Danny's Soup Run - Top of Fore Street

## St Petrock's Opening Times

**Opening times:**

Monday to Friday 8.00am to 1.00pm (Wednesday close at 12noon).

**Morning sessions:**

8.00am - 9.00am: Early Bird Rough Sleeper Service (drop-in)

9.00am - 10.30am: Homeless Advice Service

10.30am - 12.00pm: Advice & Referral Service (appointment only)

12.00pm - 1.00pm: Homeless Advice Service (drop-in)

**Afternoon sessions:**

2.00pm - 4.00pm are by appointment/referral for assessment/training.

10 Cathedral Yard Exeter EX1 1HJ

Tel: 01392 217550 (centre)

[www.stpetrocks.org.uk](http://www.stpetrocks.org.uk)

## Useful Contacts

### Exeter City Council Housing

**Advice**, Civic Centre, Paris Street, EX1 1JJ. Tel: 01392 265726  
Open Mon – Fri, 9am – 4pm.  
Provides advice and information on housing options as well as access to emergency accommodation for clients who are eligible under homeless legislation.

### Exeter Assertive Homeless Outreach Team

Wat Tyler House, King William St, Exeter EX4 6PD. Tel: 01392 202055  
Provides an outreach service to rough sleepers across Exeter, East Devon and Teignbridge, with the key aim of supporting rough sleepers off the streets and linking them in with homeless agencies across the area and reconnecting where appropriate.

**Benefit Enquiry Line** 0800 882200

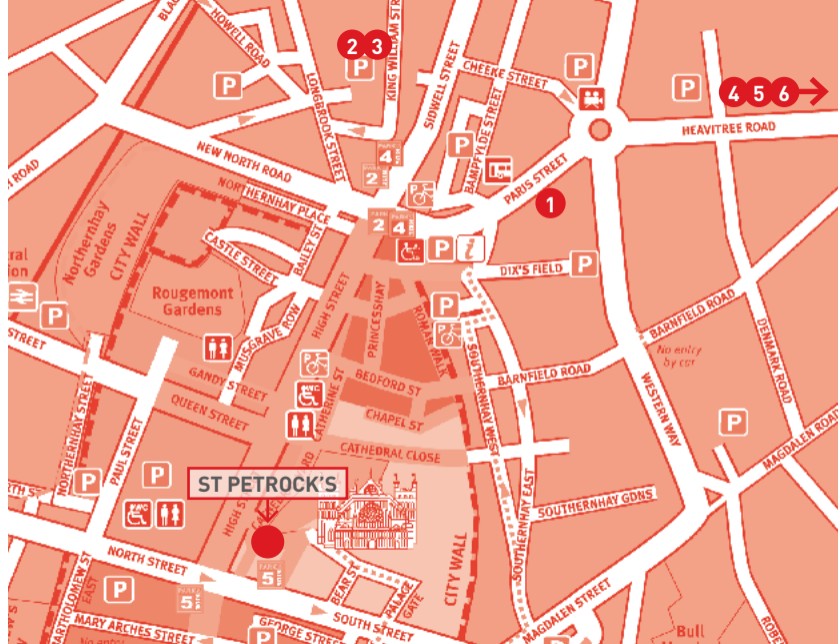
**Clock Tower Surgery**, Wat Tyler House, King William St, Exeter EX4 6PD. Tel: 01392 208290.  
Open Mon – Fri, 9.15am – 1pm.  
The surgery works specifically with homeless and vulnerably housed people.

**RISE, Recovery & Integration Service Exeter**, Uplands, 81 Heavitree Road, EX1 2LX. Tel: 01392 492360.

Open: Mon 9am - 8pm. Tues - Fri 9am - 5pm. Saturday 10am - 1pm.  
Recovery focused treatment service for those with substance misuse and/or alcohol problems.

**Royal Devon & Exeter Hospital**, Barrack Rd, Exeter EX2 5DW. Tel: 01392 411611.

**Devon & Cornwall Police**, Heavitree Road, EX1 2LR. Tel: 01392 67101 (enquiries). Dial 101 for non-emergencies and 999 for emergencies only.



## ST PETROCK'S

### STREET SURVIVAL GUIDE

2017